

**Brain Fog? Fatigue?
Pain? Numbness?
Anxiety?
Depression?
Insomnia?**

Neurofeedback for mental fitness!

Much like fitness training, we use **Neurofeedback** to strengthen specific brainwave patterns to optimize your capacity for excellence.

Neurofeedback retrains your brain to release old, stuck patterns and remap with more stable, efficient brainwaves.

Neurofeedback...

- Is a Drug-free therapy
- Quiets the Mind
- Unlocks your Potential
- Brings calm and focus
- Is Effortless + Effective

**Call now for a free
15 minute evaluation!**

Gift certificates available

Testimonial

"Since chemo 7 years ago my feet are numb or tingling and painful. After 3 Neurofeedback sessions, the numbness and pain is gone. Gone! I'm surprised and delighted by this potent brain training technology."

Susan, Bellingham, WA

Physician Approved

"In my opinion, if any medication had demonstrated such a wide spectrum of efficacy as neurofeedback it would be universally accepted and widely used."

*Frank H. Duffy, MD
Professor, and Pediatric Neurologist*



RESTORATIVE THERAPEUTICS

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Neurofeedback for Cancer Treatment Support



**Helping cancer patients lift
the fog from 'Chemo Brain'
and gain relief from nerve
pain, numbness and other
common side effects**

**RESTORATIVE
THERAPEUTICS**
www.RTBham.com



Neurofeedback addresses problems of brain impairment and nerve pain from chemotherapy:

- **Memory lapses**
- **Poor concentration**
- **Loss of coping skills**
- **Nerve pain and numbness**
- **Sleep disturbance**
- **Fatigue**

Neurofeedback -'brain training' - helps lift the cognitive cloud and restore mental clarity. Nerve pain, burning, tingling since chemo may be relieved with neurofeedback - an effective, drug-free solution

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Medication-Free Relief

Brain waves may become unstable and inefficient manifesting as mental fog, nerve pain and emotional disturbances - after chemotherapy.

The goal of Neurofeedback is to enhance the brain-wave patterns associated with focus, ease, painlessness, mood stability

The Result:

Chemotherapy induced side effects such as discomfort, distraction and distress will diminish when you train your brain to fire and re-wire more efficiently.

Neurofeedback has a proven track record relieving cognitive impairment and nerve pain resulting from cancer treatment.

Try Neurofeedback for

***Focus**

***Pain Relief**

***Clarity**

***Ease**

Peak Performance

Focus and emotional balance is the key to peak performance in all fields. Neurofeedback trains your brain to "fire and wire" more efficiently, improving mental function, and emotional stability.

The brain ultimately controls focus, performance, mood, behavior, sleep, intelligence, pain, and confidence.

Neurofeedback is the effortless, drug-free way to regain optimal brain function and resolve pain syndromes, mood instability and nervous-system agitation.

***Train Your Brain.
Claim your Excellence.***

Carolyn Hallett JD, CCH



Carolyn is a Board Certified Homeopath and Neurofeedback practitioner. She has been in practice since 1999 - sharing her love of natural therapies that work.